SMSPA Professional Book Club
Using books to gain knowledge and CPD’s

Brought to you by:
SMSPA
Southern Maryland School Psychology Association
Topic: Behavioral Challenges
Here is the book we will be reading and discussing:

Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them
By: Ross W. Greene, Ph.D.

“Zero-tolerance policies in school that take swift and harsh action against children for misbehavior are in danger of attaching labels and stigma to children with behavior problems, according to Greene, psychiatrist and author of The Explosive Child (1998). Greene explores the causes behind the behavior of children who are considered hard to control. He maintains that such children are not acting out of defiance but because they lack the skills to adapt their behavior to school norms. When adults take the time to teach children adaptive skills in increments, they see remarkable improvements in the behavior of these children.

Drawing on his experience as a psychiatrist, Greene recounts vignettes of challenging behavior—from crying and whining to avoid tasks to manipulation to disruptive shouting or truculence. These children often have difficulty changing routine during the school day, reflecting on many thoughts at the same time, or managing emotions. Green advises making a checklist of unsolved problems and lagging skills and devising specific plans for addressing them. Accessible advice for parents and teachers concerned about children with behavior problems.

http://www.amazon.com

Book Club Information:
Please come having read Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them By: Ross W. Greene, Ph.D. In order to earn 15 CPD's for NCSP you need to attend the following book club at the set date and time and have read the book. Also, a simple study guide to aid in reading the book will be e-mailed in response to your RSVP. Please bring the study guide along with you to the meetings to help facilitate discussion. Suggestions for future book club topics will be welcomed at the meeting.

Meeting Date: Monday, November 21, 2011
Meeting Time: 5:00 pm – 7:00 pm
Meeting Place: Charlotte Hall Public Library
37600 New Market Road
Charlotte Hall, MD 20622

RSVP to Emily Tex at Emtex@smcps.org by: November 10, 2011

*Note: Only a total 30 CPD’s per renewal can be claimed under the category of an informal self-study program for NCSP. The SMSPA book club falls under the category of an informal self-study. The study guide and certificate will help justify this in case of an audit!

We look forward to discussing the books with you!
Light refreshments will be served!