



# **MSPA Fall Conference 2018**

## **Multi-Tiered Systems of Support (MTSS) for Accommodating Students' Social, Emotional, and Behavioral Health: An Advanced Session for School Professionals**

***James McDougal, PhD.***

**Director of the School Psychology Program at the State University of New York at Oswego, Former  
Mental Health Coordinator for the Syracuse City School District, Senior author of the Behavior  
Intervention Monitoring and Assessment System**

**&**

***Jillian Archer, NCSP***

**School Psychologist for the Commonwealth of Massachusetts, working in Boston Public Schools  
implementing a Comprehensive Behavioral Health Model (CBHM)**

**Friday, October 19, 2018**

***Martin's West  
6817 Dogwood Road  
Windsor Mill, Maryland 21244***

## **PROGRAM DESCRIPTION:**

This presentation is an advanced session for school psychologists and other educational professionals interested in implementing or improving their empirically based Multi-Tiered Systems of Support (MTSS) for accommodating students' social, emotional, and behavioral health needs in the schools. The session will begin with a review of the prevalence and trajectory of common emotional/behavioral disorders as well as common risk factors (e.g., ACES, trauma) and how these factors can affect students' educational outcomes. Next, core components of effective MTSS models being used in the schools will be presented. This includes a review of common measures for screening and progress monitoring. Data-based decision-making strategies in multi-tiered support models will be highlighted. Additionally, resources and empirically based interventions will be reviewed for use at each of the three tiers.

Jillian Archer will review the implementation and outcomes associated with the Comprehensive Behavioral Health Model (CBHM) developed over the last decade for use in Boston Public Schools. The Boston CBHM is currently being implemented in 60 Boston Public Schools serving over 24,000 students. It is one of the largest and most effective MTSS models in the country. Ms. Archer will review case examples and offer experiences and resources to support attendees interested in MTSS implementation.

## **THIS PROGRAM SPEAKS TO THE FOLLOWING NASP PRACTICE MODEL DOMAINS:**

Domain 1: Data-Based Decision Making and Accountability; Domain 4: Interventions and Mental Health Services to Develop Social and Life Skills; Domain 7: Family–School Collaboration Services; Domain 8: Diversity in Development and Learning

## **LEARNING OBJECTIVES:**

1. Participants will be able to identify the prevalence and trajectory of common behavioral disorders observed in school aged youth.
2. Participants will understand the impact of common risk factors (e.g., ACES, trauma) and how these risk factors can affect students' educational outcomes.
3. Participants will become familiar with common behavioral health measures for screening and progress monitoring.
4. Participants will become familiar with core components of effective MTSS models being used in the schools.
5. Participants will review empirically based interventions for use at each of the three tiers and resources will be identified for use by attendees.
6. Participants will become familiar with strategies for data-based decision making within three tier MTSS models.
7. Participants will review MTSS case examples and will benefit from presented experiences and resources to support school-based MTSS implementation.

## **PROGRAM OVERVIEW:**

<b>8:00 – 9:00</b>	<b>Registration and Continental Breakfast</b>
<b>9:00 – 12:00</b>	<b>Presentation</b>
<b>12:00 -1:00</b>	<b>Lunch</b>
<b>1:00 - 4:00</b>	<b>Presentation</b>

## **ABOUT THE SPEAKERS:**

**Dr. James McDougal** is the Director of the School Psychology Program at the State University of New York at Oswego. Dr. McDougal teaches courses in assessment and intervention for academics and behavior, consultation, and supervises field based practicum and internship experiences. He is the former Mental Health Coordinator for

the Syracuse City School District where he integrated mental health services in the schools and provided consultation services to over forty schools and programs.

Dr. McDougal has over 25 years of experience as a trainer and practicing school psychologist and has conducted over 200 seminars in the areas of academic and behavioral assessment/intervention and implementing Multi-Tiered Systems of Support (MTSS) in the schools. Dr. McDougal is a senior author of the Behavior Intervention Monitoring and Assessment System, a brief, change sensitive measure, for screening school aged students for social/emotional and behavioral difficulties and progress monitoring response to multi-tiered interventions. This system is currently being used for data-based decision-making and evaluation in several large MTSS projects including the Comprehensive Behavioral Health Model being implemented in 60 Boston public schools. Dr. McDougal also has two books and 30 peer-reviewed articles in the areas of behavioral assessment /intervention and implementing multi-tiered system of support.

**Jillian Archer** is nearing a decade in service as a school psychologist in the Commonwealth of Massachusetts. The most recent six years of her career have been spent in Boston Public Schools, where the district is implementing a Comprehensive Behavioral Health Model (CBHM) that incorporates tiered behavioral health supports. Jillian currently serves as an internal coach for two schools participating in this model, and is heavily involved in the coordination of SEL curricula and data-based decision making using universal screening data across her schools. She is married to a special education teacher and a mom to a 20-month-old little girl. She is perpetually trying to balance being a good school psychologist with being a mother... and occasionally experiences success in that endeavor!

#### **INFORMATION:**

Documentation of attendance for 6 hours of Continuing Professional Development Continuing Education (CPD/CE) credit will be provided to certified school psychologists and licensed psychologists who complete the entire workshop. Partial credit cannot be awarded. In order to receive CPD/CE credit, attendees must arrive no later than 15 minutes after the start, and may not leave prior to 15 minutes before the end of the program. The National Association of School Psychologists (NASP) and hence the Maryland Board of Examiners of Psychologists recognize MSPA as an approved provider of CPD/CE for psychologists (NASP APS #1002). MSPA maintains responsibility for the program.

Meeting rooms are wheelchair accessible and any participant that requires any special services (such as an interpreter), should note this requirement on the registration form at least one month in advance of the conference. Interpreters cannot be hired after **September 20, 2018**. **Persons with questions or special needs should contact: Amy Jagoda at (410) 386-1818 or [ALJAGOD@carrollk12.org](mailto:ALJAGOD@carrollk12.org).**

The MSPA Program Committee recognizes the commitment of time and resources to attend professional conferences. Due to the sensitive nature of the topics discussed, as well as the professional setting of our activities, we cannot accommodate children at our conferences. We will make efforts at each conference to accommodate the privacy needs of nursing mothers. Thank you for understanding.

**Online registrations after September 24th and those postmarked after September 24, 2018 will have a \$25.00 additional late fee applied. The MAIL-IN registration deadline is October 5<sup>th</sup>. WALK-IN REGISTRATIONS ARE WELCOME.** If you want confirmation of your registration, please include a stamped, self-addressed postcard. Your attendance certificate acts as your receipt (monetary receipts are available at the conference upon request). Registration is limited and accepted on a first come, first served basis. Reimbursement requests for registration cancellations will be honored until September 30, 2018. Reimbursement requests after that date cannot be guaranteed.

Register and pay online by going to [www.mspaonline.org](http://www.mspaonline.org) or mail registration forms and checks to:

MSPA Fall Conference  
P.O. Box 1859  
Westminster, MD 21158.

**CREDIT CARD PAYMENTS ARE NOT ACCEPTED BY MAIL. IF YOU WISH TO PAY BY CREDIT CARD, YOU MUST REGISTER ONLINE.**

**REGISTRATION FORM**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY / STATE / ZIP: \_\_\_\_\_

HOME PHONE: (\_\_\_\_) \_\_\_\_\_ WORK PHONE: (\_\_\_\_) \_\_\_\_\_

PREFERRED E-MAIL ADDRESS: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_ POSITION: \_\_\_\_\_

\_\_\_\_ Check if Sign-language interpreter is needed (request must be received before September 20, 2018)

**Conference Fee Schedule: (Make checks payable to MSPA):**

\_\_\_\_ MSPA/MPA Member in Good Standing.....\$135.00  
\_\_\_\_ Nonmember.....\$185.00  
\_\_\_\_ Full-time MSPA Student or Retired Member.....\$ 85.00  
\_\_\_\_ Full-time Student Nonmember.....\$ 95.00  
\_\_\_\_ Vendor Requesting Table.....\$250.00  
\_\_\_\_ Late Fee added if postmarked after Sept. 24.....\$ 25.00

**Special Dietary Meal:**

\_\_\_\_ Diabetic Meal  
\_\_\_\_ Vegetarian Lunch  
\_\_\_\_ Kosher Meal (*Request by Oct 5*)